

# **MAINE GOLD RUSH 2019 MIDDLE SCHOOL GIRLS WEEKEND**

## **REGISTRATION INFORMATION**

The coach will register the entire team in the Colby College Athletic Center (Gym) during the team's assigned time. Follow the posted MGR signs to registration. Remember **coaches only** at registration. We are staggering the arrival times and we will contact you before arrival. Arrival times are between 12:45-1:30.

## **FACILITIES INFORMATION**

Games will be in the main gym and field house and ice arena. The Sports Med. Staff will be located in the training room at the Athletic Center and in the Field House. Lectures will be in the main gymnasium. All meals will be served at Roberts Dining Hall. Campers should allow plenty of time to walk to the athletic center. Plan on 5 minutes to go between the gym and dining hall.

Lecturers:

**Lake Region Coach Paul True**

**Colby Coach Damien Strahorn**

**Morse Coach Jeannine Paradis "Early Birds"**

## **POOL INFORMATION**

Each team has been assigned pool time after lunch on Saturday. If you want to take advantage of the swim time, make sure you do so during your time slot. The coach must go to the pool to actively supervise their players. Pool rules are posted on the pool deck and life guards will be on duty. You enter the pool through the locker rooms.

## **COACHES MEETING**

**\*\* Teams have practice assigned from 2:30-3:00**

There will be a coaches meeting from 3:15-3:45 in the trophy room in the gym. All players will meet at 3:45-4:15 following the coaches meeting in the gym.

## **CONCESSION INFORMATION**

There will be only **one** concession areas this year. It will be located in the athletic complex. You may preorder whole cheese or pepperoni pizza at the gymnasium concession stand for the evening after your game.

## **MEAL INFORMATION**

Breakfast Time: 7:00 – 9:00

Lunch Time: Please Follow Schedule as we stagger meal times

Dinner Time: Please Follow Schedule as we stagger meal times

## **BASKETBALL COURTS:**

- Ct 1 Colby College Gymnasium (aux gym )
- Ct 2 Colby College Gymnasium (middle court)
- Ct 3 Colby College Gymnasium (closet to front main doors)
- Ct 4 Colby Field House (closet to main court)
- Ct 5 Colby Field House
- Ct 6 Colby Field House
- Ct 7 Colby Field House
- Ct 8 Colby Field House (furthest from main court)
- Ct 9 Colby Ice Arena (nearest court)
- Ct 10 Colby Ice Arena (farthest court)

## **GAME RULES (Rules are posted on the scorers table)**

### **Round Robin Games & Midnight Madness**

- 2-ten minute halves
- 2 minute half time
- 1 timeout per half
- Stop time last minute in each half
- Shooting fouls (Shoot all 2/3 shots and intentionals)
- Will shoot 2 shots on **all** fouls in last minute of halves
- Sudden death overtime period

### **League Games/Playoffs/GRIT**

- 2-fifteen minute halves.
- 2 minute halftime
- Stop time last minute of each half
- IAABBO rules for foul shooting. Coaches must keep track of the number of team fouls and scoreboard.
- Can sub on dead ball situations
- 1 minute overtime
- 3 Timeouts per team

**\*\*TEAMS KEEP FLIPCHART SCORE AND TEAM FOULS**